

# BC Ham, Apple and Cheddar Panini



Makes 4 sandwiches



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### Ingredients:

|            |                                  |          |
|------------|----------------------------------|----------|
| 8 slices   | Sourdough Bread                  | 8 slices |
| 1/2 cup    | Mayonnaise                       | 120 ml   |
| 3 tbsp     | Honey                            | 50 ml    |
| 1 tbsp     | Mustard                          | 15 ml    |
| 3 1/2 cups | Cheddar Cheese, sliced or grated | 400 g    |
| 8 oz       | Ham, sliced thin                 | 240 g    |
| 2          | Apples, cored and sliced thin    | 2        |

### Preparation:

1. Combine the mayonnaise, honey and mustard. Spread 1 tbsp (15 ml) on each slice of bread.
2. Cover 4 of the bread slices evenly with cheddar cheese.
3. Place 1/4 of the ham on each sandwich.
4. Place 1/2 of a sliced apple on each sandwich.
5. Divide the remaining cheese evenly on each of the sandwiches and top with a slice of bread.
6. Grill on a hot Panini grill, or bake in a 400°F oven, until golden brown and cheese has melted.

### BC Ag Fact:

During the fall harvest, apples are handpicked into picking bags hung from the farmer's shoulder and when full, carefully emptied into wooden bins for shipping.

