



Celebrating 10 YEARS OF BC GOODNESS

Delivering fresh fruits and vegetables to BC students.

- Serving 8.2 million healthy BC grown snacks
- to 500,000 students
- In 1,464 schools
- In 90% of BC communities

thanks to

- 1,100 BC farmers & producers
- 1,241 volunteers
- 50,411 teachers & support staff
- 1,830 trucks, planes, ferries & barges



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Grape Tomatoes
Hot House, BC,
283g, First 2

Present this coupon with your More Rewards card to the cashier at time of purchase. Coupon cannot be combined with any other coupon offer on this product or redeemed for cash. Offer excludes reduce-to-clear items. No substitutions. Buy one package of the above mentioned item and receive another one of equal or lesser value, free. Coupon valid from **April 1 to May 6, 2016** in Save-On-Foods, Overwaitea Foods, Coopers Foods, PriceSmart Foods & Urban Fare stores. While supplies last.



buy 1 free
get 1



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Mini Cucumbers
BC, 454g, First 2

Present this coupon with your More Rewards card to the cashier at time of purchase. Coupon cannot be combined with any other coupon offer on this product or redeemed for cash. Offer excludes reduce-to-clear items. No substitutions. Buy one package of the above mentioned item and receive another one of equal or lesser value, free. Coupon valid from **April 1 to May 6, 2016** in Save-On-Foods, Overwaitea Foods, Coopers Foods, PriceSmart Foods & Urban Fare stores. While supplies last.



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Plan meals and snacks with fruits or veggies as the main attraction.

- Enjoy fruits and veggies year round. Fresh, frozen, canned or dried – they all count.
- From apples to zucchini – choose a variety of fruits and veggies to fit your family's tastes.
- Fruits and veggies are nature's fast food. Pick ones your kids can grab to go.
- Make veggies fun. Broccoli and cauliflower can be "trees".



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save on foods
Going the extra mile



save on foods
Going the extra mile

Did you know... cucumbers are a great low calorie snack, good for digestion and high in potassium.

Did you know... grape tomatoes are a good source of Vitamin A and an excellent source of Vitamin C.